

2019 NYS GOVERNOR'S CUP
8th MANHATTAN INTERNATIONAL OPEN TKD CHAMPIONSHIP
Baruch College of New York, NY Saturday December 14th, 2019

2019 NYS GORVERRNOR'S CUP
Competitors' Registration Form

Please send this form along with your participation fee **(NON-REFUNDABLE)**

No Registration will be accepted after DEC 8th .2019 (*No Fax registration*)
 Mail to: **NYS TKD ASSOCIATION**
553 2ND Ave (Ground FL) NY NY 10016

Deadline, DEC 8th, 2019
Apply by mailing process only.
We will e-mail your I.D. card!

TKD School/Club Name: _____

TKD School phone number: _____ - _____ - _____ e-mail _____

Address: _____

City: _____ State: _____ Zip: _____

Daytime Phone #: (_____) _____ Evening Phone #: (_____) _____

Please Check Event	
Team Poomsae	\$250 (_____) Per Team
Demonstration Team	\$500

LIABILITY WAIVER

In consideration of your acceptance of my registration, I do hereby, for my-self, heirs, executors and administrators waive, release and forever discharge any and all rights claims for damages which I may have, or which may occur to me, against The **NYS TKD ASSOCIATION** Inc. and for its state and district associations, 2019 nys taekwondo association, and all members of the tournament, or their respective officers, agents, representatives, successors, and/or assigns, Baruch College, NY and against any competitors for any and all damages which may be sustained by me in connection with my association with my participation in or entry in the above athletic meet and competition, and in connection with any medical service I may be provided in connection with any such injury or illness. I understand that Taekwondo is a body contact sport and I further understand all contents of the 2019 rules and regulations and general information which was published by the sponsors and I agree with them in their entirety. I further understand that I may be dismissed from the premises without compensation or refund if my conduct is not courteous and cooperative for the successful operation of the championships.

- 1) Print Name / Contestants Signature _____ / _____ Date _____ / _____ / _____
- 2) Print Name / Contestants Signature _____ / _____ Date _____ / _____ / _____
- 3) Print Name / Contestants Signature _____ / _____ Date _____ / _____ / _____
- 4) Print Name / Contestants Signature _____ / _____ Date _____ / _____ / _____
- 5) Print Name / Contestants Signature _____ / _____ Date _____ / _____ / _____
- 6) Print Name / Contestants Signature _____ / _____ Date _____ / _____ / _____
- 7) Print Name / Contestants Signature _____ / _____ Date _____ / _____ / _____
- 8) Print Name / Contestants Signature _____ / _____ Date _____ / _____ / _____
- 9) Print Name / Contestants Signature _____ / _____ Date _____ / _____ / _____
- 10) Print Name / Contestants Signature _____ / _____ Date _____ / _____ / _____
- 11) Print Name / Contestants Signature _____ / _____ Date _____ / _____ / _____
- 12) Print Name / Contestants Signature _____ / _____ Date _____ / _____ / _____
- 13) Print Name / Contestants Signature _____ / _____ Date _____ / _____ / _____
- 14) Print Name / Contestants Signature _____ / _____ Date _____ / _____ / _____

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Schedule of Events

Demonstration Team preliminary competition

Baruch College of New York - Saturday December 14th, 2019

Competition Schedule (Possibility to change)

07:30am Demo team must be in waiting area

07:40am 1 mins each team for spot rehearsal

08:00am Demonstration team Competition start

- **Team Demonstration Awards (Scholarship):**
 - One First Place - Trophy
 - One Second Place - Trophy
 - Two Third Place - Trophy

Demonstration Competition Rules

- **More than 80% of the Demonstration members must participate in the individual events**
 - **This means that in order to be eligible for a prize, 80% of the demo team members need to also compete in some individual events (breaking, sparring, or forms)**
- **Masters are allowed to perform as demo team members. (point is not applicable)**
 - **Demonstration of board breaking up to 2**

1. Demonstration Time Limit: Maximum of 5 minutes 30 Seconds

2. Number of team competitors: a minimum of 10

3. **80% of Demo team members MUST participate at least one of event** in order to receive winner award.

4. Technical Regulations

- A. Poomsae, Board breaking, and self-defense **can be the extra points.**
- B. Equipment and costumes can be chosen by the performers.
- C. There will be **NO** weapons allowed in the Demonstration.
- D. Music and sound effects can be used.

Scoring:

1. Each judge will score a maximum of 10 points for originality and 10 points for technique.
2. Judges will be selected from each school without masters but among member of student's family.
3. Seven judges will score each performance, with the highest and lowest scores excluded.
4. Deductions:
 - A. Exceeding time limit:
 - a. Over 5 minute 30 Second will be a **-10 points** deduction from your overall score
 - b. Over 6 minute will be a **-20 points** deduction from your overall score
 - c. **Over 6 minute 30 second will be disqualified.**

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Team PoomSae Competition Rules

WTF/NYS Official Poomsae (Forms)

11:30am team PoomSae must be in waiting area

The Poomsae (Form) will consist of WTF/NYS Official Poomsae competition. The Poomsae divisions will be divided by belt ranking, weight and sex. The Official Poomsae for the competition will be those recognized by the NYS and World Taekwondo Federation.

Extra Point System

Tae keuk 1, 2 Jang/ Pal Gwae 1, 2 Jang	Tae keuk 3, 4 Jang/ Pal Gwae 3, 4 Jang	Tae keuk 5, 6 Jang/ Pal Gwae 5, 6 Jang	Tae keuk 7, 8 Jang/ Pal Gwae 7, 8 Jang
+0 Point	+1 Points	+2 Points	+4 Points
3 people		4 - 5 people	
+1 Points		+3 Points	