



New York State Tae Kwon Do Association

NON PROFIT ORGANIZATION

553 2nd Avenue, Ground Floor ★ New York, New York 10016 ★ (212) 779-2803

Under the by World Taekwondo Hosted by New York State Taekwondo Asso.

Poomsae & Demonstration Training Seminar

Seminar Place PS116 : 210 E 33rd St, New York, NY 10016

Name: _____ Date of Birth: ____/____/____

Address: _____ City: _____ State: _____ Zip: _____

Contact #: (____) _____ Email: _____

Gender: Male / Female Current Belt: _____ Position: Student / Instructor / Master

School name: _____ Email: _____

Select one from Below

() 11:30am ~ 2:30pm Black Belt Poomsae & Demonstration elements

- New Poomsae Rules
- New Poomsae Motion
- Demonstration Kicks
- Demonstration Dances and Motions

() 3:00pm ~ 6:00pm Black Belt Poomsae & Demonstration elements

- New Poomsae Rules
- New Poomsae Motion
- Demonstration Kicks
- Demonstration Dances and Motions

Seminar Fee: \$100

Credit Card: () / Check: () / Cash: ()

(Included Registration, Certification,,,etc)

www.nystaekwondo.com

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