

SCHEDULE OF EVENTS

*PLEASE SUBMIT APPLICATIONS ON-LINE
(I.D. badges will be Pick up at Tournament site)*

SATURDAY, MARCH 10, 2012

| | |
|---------------------------------|--|
| 8:00AM – 9:00AM (Doors Open) | WEIGH-IN (Ages 4 through 13) |
| 9:30AM | CHILDREN'S COMPETITION BEGINS (Ages 4 through 13 all belts – forms, breaking, sparring) |
| 10:00AM | Opening Ceremony Special Presentation (Exhibition Match) |
| 11:00AM | Children's Competition continues WEIGH-IN (Ages 14 and older) |
| 12:00PM | ADULTS' COMPETITION BEGINS (Ages 14 and older all belts – forms, breaking, sparring) |
| 5:00PM | Closing Ceremony Masters and Officials Meeting** |

***Special Note: Each event will begin immediately after the other.
Forms → Breaking → Sparring
Competitors are to stay at their assigned rings for all events.***

***GRAND SLAM TROPHY: AWARDED TO
COMPETITORS WHO EARN A GOLD MEDAL IN ALL
THREE CATEGORIES.***

**Masters and Officials Meeting will include dinner in FITZGERALD GYM.

General Admission*:

\$7.00 per Adult

\$3.00 per Child (under 6 years old)

*General Admission tickets will be sold at the door on the day of the competition.

ELIGIBILITY OF COMPETITOR

***ALL COMPETITORS MUST BE 4 YEARS AND OLDER.**

***ALL COMPETITORS MUST AGREE TO ABIDE BY THE RULES OF THE ORGANIZING COMMITTEE.**

Mandatory Equipment:

All Gyorooigi (sparring) competitors must bring their own safety gear including chest protector, headgear, shin/instep guard, forearm guard, protective cup and mouth guard. Headgear and chest protectors will **NOT** be provided.

- a) A standard WTF approved uniform in good condition, white V-neck with black trim only around the collar.
- b) Shin and instep protector, white only, elastic sponge-cushion type stocking.
- c) Forearm protector, same as shin/instep guard, but only covers from the elbow to the wrist.
- d) Protective cup worn under the pants.
- e) Chest protector and headgear are mandatory for all sparring competitors.

*****A Mouth Guard Is Mandatory*****

PLEASE NOTE THAT THIS TOURNAMENT WILL FOLLOW THE RULES OF THE World Tae kwon do Federation

**2012 NEW YORK STATE TAE KWON DO CHAMPIONSHIP
COMPETITOR'S REGISTRATION FORM**

**Please submit this form online along with your participation fee (*NON-REFUNDABLE*)

Registration Deadline, March 5, 2012

NO REGISTRATION APPLICATIONS WILL BE ACCEPTED AFTER March 5, 2012

Make certified check or money order Payable to New York State TKD Association
2343 Middle Country Rd
Centereach, NY 11720

REGISTER ONLINE. LOG ON TO: www.nystaekwondo.com

| | | | | |
|--|---|-----------|---------------------------------------|------------------------|
| IMPORTANT: IF ANY INFORMATION IS MISSING APPLICATION WILL NOT BE PROCESSED | | | | |
| Last Name: _____ First Name: _____ MI _____ Sex: Male () Female () Age: _____ Weight: _____ lbs. Height: _____ | Please check the appropriate box accordingly | | | |
| | Yellow & Orange Belt | () | Green Belt | () |
| | Blue & Purple Belt | () | Red, Red & Black and Brown | () |
| | Black Belt | | | for Office Only |
| | 1D | () | 2D | |
| 3D | () | 4D | () | |

Address: _____

City: _____ State: _____ Zip: _____

Daytime Phone #: _____ Evening Phone #: _____

E-mail: _____

TKD School / Club Name: _____ Phone #: _____

| |
|---|
| Event(s) Breaking () ** () Sparring ** () Form \$60 One Event ** \$70 Two Event ** \$80 Three events |
|---|

LIABILITY WAIVER

In consideration of your acceptance of my registration, I do hereby, for my self, heirs, executors and administrators waive, release and forever discharge any and all rights claims for damages which I may have, or which may accrue to me, against The New York State Tae Kwon Do Associations, 2012 New York State Successors, Queens College New York, and all members of the tournament, or their respective officers, agents, representatives, successors, and/or assigns, and against any competitors for any and all damages which may be sustained by me in connection with my association with my participation in or entry in the above athletic meet and competition, and in connection with any medical service I may be provided in connection with any such injury or illness. I understand that Tae Kwon Do is a body contact sport and I further understand all contents of the 2012 rules and regulations and general information which was published by the sponsors and I agree with them in their entirety. I further understand that I may be dismissed from the premises without compensation or refund if my conduct is not courteous and cooperative for the successful operation of the championships.

Contestants Signature _____ **Date** _____

Legal Guardian's Signature (If under 18 years old) _____ **Date** _____

Master's Signature (Required on Internet Version) _____

Notice to Applicants: This is an Internet/Downloaded competitor application; it is subject to certain restrictions as required by the New York State Tae Kwon Do Association. Any Internet/Downloaded application submitted without the authorizing signature of the competitors' Master Instructors will not be processed.

**If for any reason the application & payment cannot be submitted online please mail directly to Ultimate Taekwondo Centers at 2343 Middle Country Rd. Centereach, NY 11720.

Medical Questionnaire Form

2012 New York State Tae Kwon Do Championship

Please circle either (Y) for yes or (N) for no.

1. Do you have any allergies to medication ? Y / N If yes, please state which medication(s).

2. Do you take any medication regularly ? Y / N If yes, please state which medication(s).

3. Do you wear contact lenses ? Y / N

4. Do you have a history of:

Epilepsy (seizures) Y / N

Lung Disease Y / N

Heart Disease Y / N

Diabetes Y / N

High Blood Pressure Y / N

IF YOU ANSWERED YES TO ANY PART OF QUESTION NUMBER FOUR, PLEASE COMPLETE QUESTION NUMBER FIVE.

5. I hereby state that I am under the care of a physician for the treatment of _____ and that I have been medically cleared by this physician to participate in this tournament.

COMPETITOR'S SIGNATURE _____ **DATE** _____

If competitor is under age 18, this must be signed by parent or legal guardian.

SIGNATURE _____ **DATE** _____

PLEASE READ CAREFULLY !

I hereby certify that the above information is true and accurate to the best of my knowledge and hereby agree that I WILL NOT be permitted to participate in this tournament if this MEDICAL QUESTIONNAIRE FORM is not completed and returned prior to the tournament to *Ultimate Taekwondo Centers at 2343 Middle Country Rd. Centereach, NY 11720.*

SIGNATURE _____ **DATE** _____

CERTIFICATION:

Contestant's Name _____ Age _____

Parent's Name _____

Home Address _____

Home Phone Number _____

Name of Master (Instructor) _____

If you are a minor (under 18 years old) and will be at the tournament without a parent, the statement below must be read and signed by a parent or legal guardian and returned prior to participating in any competition or event. The undersigned competitor, (parent or legal guardian of the competing minor) represents that he has the authority to consent to the medical care and treatment of such a competitor (or competing minor) by the designees of Ultimate Taekwondo Centers.

Name of parent or guardian _____ Date _____

Signature of parent or guardian _____ Date _____

Junior Gyoroogi (sparring) Safety Rules

The Gyoroogi Rules (will be referred to as “Junior Competition Rules” hereinafter) regulate and govern all matters pertaining to Tae Kwon Do competition at all levels sanctioned or promoted by the state or district associations or member clubs and organizations, under the WTF.

A. Age Group 6-11 Years Old Black Belts & Age Group 4-17 Years Old Color Belts

1. This applies to all junior Black Belt competitors ages 6-11 & Color Belt competitors ages 6 to 17.
2. In State, Regional, and National Junior Olympic Championships Sparring competition, the rules concerning a kick to the face or neck shall be as follows:
 - a. Head contact with the foot will be enforced Just the same as the rule that forbids punching to the face with the fist.
 - b. The face contact, if deemed incidental will result in a kyungo penalty as long as no injury results from the attack.
 - c. Other occurrences will be weighed based on intent and result.
 - d. Any injury will result in a Gamjeom if the competitors cannot continue because of injury then the attacker will be disqualified.

Note: Inability to continue because of fright, crying or loss of will following a kick to the head does not constitute grounds for disqualification of the attacker.

B. Age Group 12 & 13 Years Old Black Belts

1. This applies to all color belt junior competitors ages 12-17 & Black belt competitors ages 12 & 13.
2. In State, Regional, and National Junior Olympic Championships sparring competition, the rules concerning a kick to the face or neck shall be as follows:
 - a. The competitor is encouraged to kick to the facial area; however, the kick must be light contact with absolute control and without causing any injury or excessive contact or the appropriate penalty shall be invoked.
 - b. The competitor who executes a successful technique (light contact without causing an injury) shall be awarded one point.
 - c. The competitor who successfully executes a kick to the face or neck, which results in a minor injury, shall receive a one-point deduction. A minor injury is defined as an abrasion or bleeding caused by non-excessive contact. The Referee, and Judges, with or without consultation with the tournament physician, shall determine if the abrasion or bleeding is a minor injury, and if the attack is a non-excessive one.
 - d. The competitor who executes a kick to the face or neck, which results in the inability of the opponent to continue sparring because of injury, shall be disqualified. Referee and Judges, with or without consultation with the tournament physician, shall determine if the attack is excessive contact, and if the injury is a minor one.

C. Age Group 14-17 Years Old Black Belts & All Belts ages 18 and up

1. This applies to all Black Belt Junior competitors ages 14-17 & and all Belts ages 18 & up.
2. In State, Regional, National Junior Olympic Championships Sparring competitions, the Senior Black Belt Rules Shall apply.

Certain rules and/or regulations are subject to change at the discretion of the Executive Committee/Organizing Committee

2012 New York State
Tae Kwon Do Championship

COACHING PASS FORM

- * PLEASE NOTE THAT ALL COACHES WILL BE REQUIRED TO WEAR A COACH'S T-SHIRT TO ENTER THE COMPETITION AREA. THESE T-SHIRTS WILL BE GIVEN TO EACH REGISTERED COACH ON THE MORNING OF COMPETITION AT THE WEIGH-IN AREA.

Complete this form and send it with the appropriate fee for coach's pass. (**Non Refundable**)

FEE FOR EACH PASS IS

\$20 PAYABLE BY CERTIFIED CHECK OR MONEY ORDER TO:

NY State Tae Kwon Do Association.

MAIL TO:

Ultimate Taekwondo Centers
2343 Middle Country Rd
Centereach, NY 11720

NO FORMS ACCEPTED AFTER March 5, 2012

YOU MAY REGISTER ONLINE. LOG ON TO: *www.nystaekwondo.com*

APPLICANT'S INFORMATION

Last Name _____ First Name _____

Address _____

City _____ State _____ Zip _____

Home Phone # _____ Age _____ Date of Birth _____

E-mail : _____

Kukkiwon Dan # _____ Male _____ Female _____

Name of T.K.D. School _____ Phone #. _____

Please note that all Coaches must leave the competition floor immediately after the completion of his/her competitor's match. The organizing committee reserves the right to suspend the coach's pass for failure to abide by the rules.

Signature of Applicant _____ Date ____/____/____

2012 New York State
Tae Kwon Do Championship

REFEREE REGISTRATION FORM

Please check the appropriate line:

I will be assisting as a Referee at the 2012 New York State Tae Kwon Do Championship.

My T-shirt size is _____ (All Referees will receive a t-shirt on the day of the competition).

All Referees must report to the front desk by 8:30 AM

All those assisting, please complete this form and mail to:

Referee Chairperson
TBD

Ultimate Taekwondo Centers
2343 Middle Country Rd
Centereach, NY 11720

YOU MAY REGISTER ONLINE. Log on to: www.nystaekwondo.com

Last Name _____ First Name _____

Address _____

City _____ State _____ Zip _____

Telephone # _____ Age _____ Date of Birth _____

E-mail: _____

Kukkiwon Dan # _____ Sex : Male _____ Female _____

Name of T.K.D. School _____

Signature of Applicant _____ Date _____

Directions Queens College

Queens College is located at the corner of the Long Island Expressway and Kissena Blvd. (Exit 24) in Flushing. Address is 65 – 30 Kissena Blvd. Flushing, NY 11367

***** From Long Island and Points East:**

Take the L.I.E. westbound; watch for QC signs. If to get to the Main Gate on Kissena, get off at Exit 24 (Kissena Blvd.) Make a left at the take overpass onto Kissena Blvd.

***** From Manhattan and Points West:**

Take the L.I.E. eastbound; watch for QC signs. Exit 24 (Kissena Blvd.) If you need the Main Gate on Kissena, continue down the service road the first traffic light (Kissena Blvd.) Make right onto Kissena Blvd.

WEIGHT CATEGORIES

GYOROOGI: (Sparring) JUNIOR DIVISIONS - ALL BELTS (Yellow through Black Belt)

| AGE | Male | Female | AGE | Male | Female |
|--------------|-----------------|-----------------|--------------|-----------------|-----------------|
| 4-7 | Under 40 lbs | Under 40 lbs | 8-9 | Under 55 lbs | Under 55 lbs |
| | 40.1 - 52lbs | 40.1 - 52 lbs | | 55.1 - 67 lbs | 55.1 - 67 lbs |
| | 52.1 - 65 lbs | 52.1 - 65 lbs | | 67.1 - 80 lbs | 67.1 - 80 lbs |
| | 65.1 - 78 lbs | 65.1 - 78 lbs | | 80.1 - 92 lbs | 80.1 - 92 lbs |
| | 78.1 - 90 lbs | 78.1 - 90 lbs | | 92.1 - 105 lbs | 92.1 - 105 lbs |
| | Over 90 lbs | Over 90 lbs | | Over 105 lbs | Over 105 lbs |
| AGE | Male | Female | AGE | Male | Female |
| 10-11 | Under 65 | Under 65 | 12-13 | Under 75 lbs | Under 75 lbs |
| | 65.1 - 78 lbs | 65.1 - 78 lbs | | 75.1 - 87 lbs | 75.1 - 87 lbs |
| | 78.1 - 90 lbs | 78.1 - 90 lbs | | 87.1 - 100 lbs | 87.1 - 100 lbs |
| | 90.1 - 102 lbs | 90.1 - 102 lbs | | 100.1 - 112 lbs | 100.1 - 112 lbs |
| | 102.1 - 115 lbs | 102.1 - 115 lbs | | 112.1 - 125 lbs | 112.1 - 125 lbs |
| | Over 115 lbs | Over 115 lbs | | Over 125 | Over 125 |

GYOROOGI: (Sparring) – 14 – 17 – YEAR-OLD COLOR BELTS

| AGE | Male | Female | AGE | Male | Female |
|--------------|-----------------|-----------------|--------------|-----------------|-----------------|
| 14-15 | Under 95 lbs | Under 92 lbs | 16-17 | Under 105 lbs | Under 100 lbs |
| | 95.1 - 107 lbs | 92.1 - 104 lbs | | 105.1 - 117 lbs | 100.1 - 112 lbs |
| | 107.1 - 120 lbs | 104.1 - 116 lbs | | 117.1 - 130 lbs | 112.1 - 124 lbs |
| | 120.1 - 132 lbs | 116.1 - 128 lbs | | 130.1 - 142 lbs | 124.1 - 138 lbs |
| | 132.1 - 142 lbs | 128.1 - 140 lbs | | 142.1 - 154 lbs | 138.1 - 150 lbs |
| | 142.1 - 158 lbs | 140.1 - 152 lbs | | 154.1 - 167 lbs | 150.1 - 162 lbs |
| | Over 158 lbs | Over 152 lbs | | Over 167 lbs | Over 162 |

GYOROOGI: (Sparring) - 14 – 17-YEAR-OLD BLACK BELTS

| <i>Divisions</i> | Men's Weight (lbs. & kegs) | Women's Weight (lbs. & kegs) |
|------------------|------------------------------|-------------------------------|
| □ Fin | Under 99.0lbs (45kg) | Under 92.5lbs (42kg) |
| □ Fly | 99.0 - 105.8lbs (45 - 48kg) | 92.5 - 97.0lbs (42 - 44kg) |
| □ Bantam | 105.9 - 112.4lbs (48 - 51kg) | 97.1 - 101.4lbs (44 - 46kg) |
| □ Feather | 112.5 - 121.2lbs (51 - 55kg) | 101.5 - 108.0lbs (46 - 49kg) |
| □ Light | 121.3 - 130.0lbs (55 - 59kg) | 108.1 - 114.6lbs (49 - 52kg) |
| □ Welter | 130.1 - 138.9lbs (59 - 63kg) | 114.7 - 121.2lbs (52 - 55kg) |
| □ Light Middle | 139.0 - 149.9lbs (63 - 68kg) | 121.3 - 130.0lbs (55 - 59kg) |
| □ Middle | 150.0 - 160.9lbs (68 - 73kg) | 130.1 - 138.9lbs (59 - 63 kg) |
| □ Light Heavy | 161.0 - 172.0lbs (73 - 78kg) | 139.0 - 149.9lbs (63 - 68kg) |
| □ Heavy | Over 172.0lbs (78kg) | Over 149.9lbs (68kg) |

POOMSE (Forms) & BREAKING - ALL COLOR BELTS

| Age | Male | Female |
|-----|--------------|--------------|
| 4-7 | Under 52 lbs | Under 52 lbs |
| | 52.1-78 lbs | 52.1-78 lbs |
| | Over 78 lbs | Over 78 lbs |

| Age | Male | Female |
|-----|--------------|--------------|
| 8-9 | Under 67 lbs | Under 67 lbs |
| | 67.1-92 lbs | 67.1-92 |
| | Over 92 lbs | Over 92 lbs |

| | | |
|-------|--------------|--------------|
| 10-11 | Under 78 lbs | Under 78 lbs |
| | 78.1-102 lbs | 78.1-102 lbs |
| | Over 102 lbs | Over 102 |

| | | |
|-------|--------------|--------------|
| 12-13 | Under 87 lbs | Under 82 lbs |
| | 87.1-112 lbs | 82.1-106 lbs |
| | Over 112 lbs | Over 106 lbs |

| | | |
|-------|---------------|---------------|
| 14-15 | Under 107 lbs | Under 104 lbs |
| | 107.1-132 lbs | 104.1-128 lbs |
| | Over 132 lbs | Over 128 lbs |

| | | |
|-------|---------------|---------------|
| 16-17 | Under 117 lbs | Under 112 lbs |
| | 117.1-142 lbs | 112.1-138lbs |
| | Over 142 lbs | Over 138 lbs |

POOMSE (Forms) & BREAKING 14-17 YEAR OLD BLACK BELTS

| Dan | Division | Men's | Women's |
|--------------------------------|--------------|-----------------|-----------------|
| 1 Dan, 2 Dan, 3 Dan & 4 Dan | Light | Under 105.8 lbs | Under 97 lbs |
| | Light Middle | 105.8-121.2 lbs | 97.1-108 lbs |
| | Middle | 121.3-138.9 lbs | 108.1-121.2 lbs |
| | Light Heavy | 139.0-160.9 lbs | 121.3-138.9 lbs |
| | Heavy | Over 160.9 lbs | Over 138.9 lbs |

Adults Black Belt Division (18-32 years old)

GYOROOGI: (Sparring)

| Divisions | Men's Weight (lbs. & kegs) | Women's Weight (lbs. & kegs) |
|-----------|------------------------------|-------------------------------|
| □ FIN | Under 118.8lbs (54kg) | Under 103.4lbs (47kg) |
| □ FLY | 118.9 – 127.6lbs (54 – 58kg) | 103.5 – 112.2lbs (47 – 51kg) |
| □ BANTAM | 127.7 – 136.4lbs (58 – 62kg) | 112.3 – 121.0lbs (51 – 55kg) |
| □ FEATHER | 136.5 – 147.4lbs (62 – 67kg) | 121.1 – 129.8lbs (55 – 59kg) |
| □ LIGHT | 147.5 – 158.4lbs (67 – 72kg) | 129.9 – 138.6lbs (59 – 63kg) |
| □ WELTER | 158.5 – 171.6lbs (72 – 78kg) | 138.7 – 147.4lbs (63 – 67kg) |
| □ MIDDLE | 171.7 – 184.8lbs (78 – 84kg) | 147.5 – 158.4lbs (67 – 72 kg) |
| □ HEAVY | Over 184.8lbs (84kg) | Over 158.4lbs (72kg) |

POOMSE (forms) & BREAKING ADULT BLACK BELTS

| Dan | Divisions | Men's Weight (lbs.) | Women's Weight (lbs.) |
|---|-------------|---------------------|-----------------------|
| 1 Dan, 2 Dan, <u>3 Dan & 4 Dan</u> | Light | Under 127.6lbs | <u>Under 103.3</u> |
| | Middle | 127.6 – 147.4lbs | 103.3 – 121.0lbs |
| | Light Heavy | 147.5 – 171.6lbs | 121.1 – 143.0lbs |
| | Heavy | Over 171.6lbs | Over 143.0lbs |

ULTRA DIVISIONS

| Age Groups | 33-36 | 37-40 | 41-44 | 45-48 | 49-52 | Over 52 |
|------------|-------|-------|-------|-------|-------|---------|
|------------|-------|-------|-------|-------|-------|---------|

GYOROOGI (Sparring) - For Green, Blue, Red & Black belts

| Men's Weight (lbs) | Women's Weight (lbs) |
|--------------------|----------------------|
| Under 127.6 lbs. | Under 112.2 lbs. |
| 127.7-138.6 lbs. | 112.3-123.2 lbs. |
| 138.7-149.6 lbs. | 123.3-134.2 lbs. |
| 149.7-160.6 lbs. | 134.3-145.2 lbs. |
| 160.7-171.6 lbs. | 145.3-156.2 lbs. |
| 171.7-182.6 lbs. | 156.3-167.2 lbs. |
| 182.7-193.6 lbs. | 167.3-178.2 lbs. |
| 193.7-204.6 lbs. | Over 178.2 lbs. |
| 204.7-215.6 lbs. | |
| Over 215.6 lbs. | |

POOMSE (Form) – For Green, Blue, Red & Black Belts

| Divisions | Men's Weight(lbs) | Women's Weight |
|-----------|-------------------|------------------|
| Light | Under 158.4 lbs. | Under 138.6 lbs. |
| Heavy | Over 158.4 lbs. | Over 138.6 lbs. |

ADULTS COLOR BELT - Ages: 18-32 years

GYOROOGI (Sparring) – All Color Belts

| Men's Weight | Women's Weight |
|---------------|----------------|
| □ Under 127.6 | Under 107.8 |
| □ 127.7-140.8 | 107.9-121 |
| □ 140.9-154.0 | 121.1-134.2 |
| □ 154.1-167.2 | 134.3-147.4 |
| □ 167.3-180.4 | 147.5-160.6 |
| □ Over 180.4 | Over 160.6 |

POOMSE (Form) & Breaking

| <u>Division</u> | <u>Men's Weight</u> | <u>Women's Weight</u> |
|-----------------|---------------------|-----------------------|
| <u>□ Light</u> | Under 147.4 | Under 129.8 |
| <u>□ Heavy</u> | Over 147.4 | Over 129.8 |
| | | |

| Black Belt Poomse (Form) | Color Belt Poomse (Form) |
|---------------------------------|---------------------------------|
| 1st. - Koryo | Yellow - Taeguk & Palgwe 1-2 |
| 2nd. - Keumgang | Green - Taeguk & Palgwe 3-4 |
| 3rd. - Taebaek | Blue - Taegeuk & Palgwe 5-6 |
| 4th. - Pyung Won | Red - Taegeuk & Palgwe 7-8 |

The current USAT Rules and Regulations and modified rules of the World Tae Kwon Do Federation (WTF) will govern these Championships for the Gyoroogi and Traditional Poomse divisions.

The Poomse divisions will be divided by belt ranking, weight and sex. The Official Poomse for the competition will be those recognized by the USAT and World Tae Kwon Do Federation.

For gyoroogi competition, each match will be single elimination.

The current USAT Rules and Regulations and modified rules of the World Tae Kwon Do Federation (WTF) will govern this event. Competition will be single elimination and will continue until a winner has been established.

In addition, during the match, if one competitor should acquire **7 points** more than his/her opponent, that competitor will automatically win the match. .

All competitors must bring their own safety gear including chest protector, headgear, shin/instep guards, forearm guards, protective cup, mouthpiece and a standard white V-neck WTF approved uniform in good condition. Black trim around the collar is allowed for black belts. NO equipment will be provided

ROUNDS AND DURATION SHALL BE DETERMINED AT THE COMPETITION SITE

FOR THE BREAKING COMPETITION

Breaking techniques must be appropriate for the competitors' belt level